

Ref. No.: RGS/SPORTS/2025-26/005

Date: 16.06.2025

CIRCULAR
(International Yog Day)

Dear Parents,

We are pleased to inform you that Royal Global School will be celebrating the *International Day of Yoga* which is on 21st June 2025 (Saturday).

Students are requested to come dressed in school track pant and House T-shirt (white) and must carry their own Yoga mat for the session.

The school will celebrate Yog Day as per the following schedule:

- **Grade: I-V (Primary):** Friday, 20th June, 2025 -Time: 08:30 AM
- **Grade: VI-XII (High School):** Saturday, 21st June, 2025 -Time: 08:30 AM

Practicing Yoga regularly plays a vital role in enhancing physical and mental well-being. Let us not confine this celebration to a single day, but work together to make Yoga a consistent and enriching part of our daily lives.

We look forward to your kind cooperation in making this event a meaningful and inspiring experience for our students.

Warm regards,



(Ashok Talukdar)
Head of Sports

