

Ref. No.: RGS/Sports/2025-26/014

Date: 01.12.2025

CIRCULAR FOR PARENTS
Inter House swimming Competition Grade IX & XI
2025-26

This is to inform you that swimming selection trial and Finals for students of Grades IX & XI will be conducted during stay back time (2:30PM – 4:30PM).

Top four students from each house for each event will be shortlisted for the finals.

The Schedule for the inter House Swimming Competition Prelims/Selection Trials is mentioned below:

DATE/DAY	GRADE	TIME
08-12-2025 (MONDAY)	IX & XI (BOYS)	02:30-04:30 PM
09-12-2025 (TUESDAY)	IX & XI (GIRLS)	-DO-

The Schedule for the inter House Swimming Competition Final is mentioned below:

11-12-2025 (THURSDAY)	IX & XI (BOYS)	02:30-04:30 PM
12-12-2025 (FRIDAY)	IX & XI (GIRLS)	-DO-

✓ The list of events for the competition is provided below for your reference.

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|----------------------|-----------------------------|
| 1. 25 m Freestyle | 5. 25 m Butterfly |
| 2. 25 m Breaststroke | 6. 4 x 25 m Medlay Relay |
| 3. 50 m Freestyle | 7. 4 x 25 m Freestyle Relay |
| 4. 25 m Backstroke | |

✓ **Rules & Guidelines:**

- The Inter House Swimming Competition shall be conducted under the rules of the Swimming Federation of India (SFI), with modifications wherever applicable.
- A swimmer may participate in a maximum of four individual events and both the relay.
- From each house, the top four swimmers in each event (based on the time trials) will qualify for the finals.
- Any swimmer absent on the day of the selection/prelims will not be considered for participation in the Inter House Finals.



Director

